



	12H			13H			14H			18H			19H			20H			21H		
		15	30	45		15	30	45			15	30	45		15	30	45		15	30	45
LUNDI				PILATES									ZUMBA				YOGA				
MARDI				GROUP CYCLE									BODY SHAPE								
				BACK FIT																	
MERCREDI				GROUP CYCLE									PILATES				ZUMBA				
JEUDI				YOGA									CORE TRAINING								
VENDREDI				GROUP CYCLE									POWER WORKOUT								

COURS ANNULÉS

INFOS & RÉSERVATION SUR [SHOP.COQUE.LU](https://shop.coque.lu)